

## Alert Level 3

### Seasons of Change



Did anything change on Tuesday for you?

Some of us returned to work at a workplace. Some of us ventured beyond our radius to walk. Some of us didn't do much different. For the country it was a beginning of change.

Over the weeks, in these reflections I noticed the significance of place, listening to God, the challenge of waiting; praying for the future.

Today I searched on our Facebook page for an image for the pew sheet this Sunday. I walked back through our shared life together. I woke up to what we've missed this year. The season has changed from Summer to Autumn, from Lent to Easter.

Our faith gives us markers that come as regularly as the seasons. While they change there are threads that are unchanging - resurrection does not depend on our economy; God's community does not depend on the right equipment.

As we stretch our legs in the landscape that will be different, let us be gentle with ourselves and each other. We have each experienced change to varying levels; for some the change has been to stay at home, to accept 'vulnerable status', to be restricted in what we know we could do. The physical, emotional and spiritual responses we call 'grief' are responses to change.

As some change gear, some continue to work, some remain the same - let us not be surprised at the effects of these last weeks. Let us respond at the levels we need, whether to reach out to God or to a person or to withdraw knowing that we are loved and cared for.

As the human costs emerge across society, and each of us adjusts to change let us pray that we will be soothed by God in creation, prayer, music, art, activity and people. Let us also pray that we, as God's people, will contribute to a sustainable and equitable future for all.